

# ONTARIO COLLEGE OF HOMEOPATHIC MEDICINE

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## TEETHING

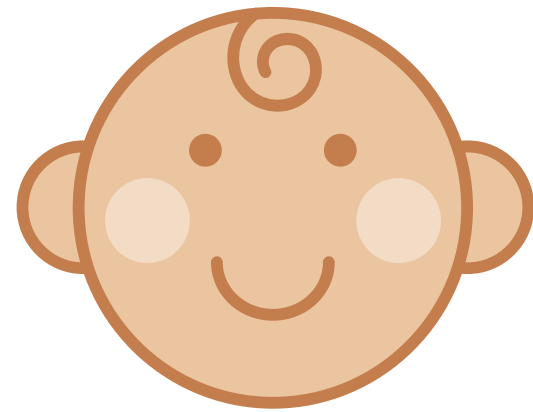
Teething is the process by which a baby's first teeth appear. They typically arrive in pairs and begin erupting around 6-10 months. Some signs that a baby's first tooth/teeth are coming in include more biting on toys, hands, blankets; more drooling and sucking and loss of appetite. Some little ones have a really hard time with teething and can become quite irritable, may experience difficulty sleeping, develop a fever and begin pulling their ears.

### Remedies to consider for teething:

**Chamomilla:** the most important remedy for teething.

When a child seems to be in pain and they are very irritable, think Chamomilla. Child will feel better by being held.

Green diarrhoea.



**Ant-c:** when teeth are very sensitive and cannot be touched. Worse at night, in bed. Worse heat.

**Belladonna:** sudden, intense pain, throbbing tooth. Mouth hot and dry. Worse evening.

**Calc-c:** slow and difficult dentition. Swollen gums and mouth. Grinds gums, restless, crying at night. Colic, watery diarrhoea, distension, gas, nausea and vomiting.

**Calc-phos:** delayed dentition with whining and moaning. Stool is foul and watery. Vomiting breast milk yet very hungry for breast milk. Grows rapidly yet slow to walk. Slow repair of broken bones.

**Podophyllum:** difficult teething. Tooth pain better biting. Grinding of gums in sleep. Head perspiration during sleep with cold face. Diarrhoea.

**Staphysagria:** gums pale white, tender, swollen, bleeding, burning and weak in energy.

*CONSULT YOUR PRIMARY CARE PHYSICIAN if your baby has a fever and is not feeling well. The information contained herein is awesome but is not intended to replace the advice of your medical team. It is not intended to endorse or recommend any particular type of medical treatment. No information contained herein should be used to disregard medical and/or health related advice or provide a basis to delay consultation with a physician or a qualified healthcare provider. The Ontario College of Homeopathic Medicine disclaims any liability based on information provided herein; it is for educational purposes only.*