

# ONTARIO COLLEGE OF HOMEOPATHIC MEDICINE

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## FRACTURES

If you have been injured and are in pain, you should visit a hospital and get an x-ray to confirm the extent of your injury. If you have a fracture, it will need to be set properly and potentially cast (depending on the location).

Here are some homeopathic remedies you can consider to speed up the healing of your fracture:

**Arnica:** the first remedy to consider for any injury

**Eupatorium:** if there is a lot of bone pain - aching in bones

**Symphytum:** ONLY to be use in a fracture after it has been set properly and there are no displaced bone fragments (heals fractures super quickly)

**Bellis perennis:** fractures that are accompanied by deep pain and are slow to heal

**Call-phos:** excellent as a tissue salt preparation because it stimulates the formation of strong, healthy bones



*CONSULT YOUR PRIMARY CARE PHYSICIAN if you are experiencing a great deal of pain or are not feeling well. The information contained herein is awesome but is not intended to replace the advice of your medical team. It is not intended to endorse or recommend any particular type of medical treatment. No information contained herein should be used to disregard medical and/or health related advice or provide a basis to delay consultation with a physician or a qualified healthcare provider. The Ontario College of Homeopathic Medicine disclaims any liability based on information provided herein; it is for educational purposes only.*